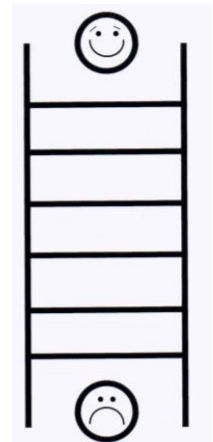


Success in Schools - Ready 4 Learning Ladder

Learning how to choose our own level of motivation

Jot down words or sentences that would describe how you are when a) **really interested** and b) **not interested at all**

Consider any differences e.g. body language, voice, facial expression, inner voice etc.



Really interested!

Not interested at all!

What action can you take to move from uninterested to interested?